**MARYMOUNT HIGH SCHOOL**

**VIRTUAL LESSON**

**Teacher: Diane Cousins-Bonner Class: Grade 7**

**Subject: Family and Consumer Management Unit/Module: 1**

**Topic: Introduction to Home Economics Sub-topic:Careers in Home Economics**

**Date: October 5-16, 2020 Week #: 1-2**

[http://kingofwallpapers.com/book/book-005.jpg](#_Lesson_Objectives)WELCOME TO TODAY’S VIRTUAL LEARNING EXPERIENCE!

**Instructions to students:** Please read carefully the information below and complete the activities given. Remember to submit all completed work.

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| **Lesson Objectives** | E.g. After discussion, Watching videos and Reading text book  Students should be able to:   1. List THREE groups in which Home Economics is divided 2. List at Least FIVE careers in Home Economics 3. Explain the job description for at least THREE of the careers that were mentioned 4. State the importance of Home Economics |
| **Resources** | In today’s lesson, you will need to access: Lesson notes via  Prescribed Text book- Home Economics in Action Bk1  Internet access- <https://study.com/articles/careers_involving_home_economics.html> |
| **Lesson Notes** | * Home Economics is for a better living and its study deals with all aspect of family life. * There are many jobs available to youths and adults who want to make a career in the field of Home Economics. These jobs are available in the three major areas of Home Economics such as Food and Nutrition; Clothing, and Textile; and Home Management. * Some careers in Home Economics includes: -   Food and Nutrition- nutritionist, chef, dietician  Clothing and Textiles- fashion designer, wardrobe consultant, educator  Home Management- child care nurse, consumer agent, house keeper   * The importance of Home Economics is that it helps members of the family prepare for their expected roles in the society. it helps the family to manage their homes effectively. Home Economics helps to train family members in child care. It also teaches them how to cope with some of the health and social problems such as poor diet, delinquency and drug abuse. |
| **Assessment** | * Research careers in Home Economics and write TWO careers other than the ones stated for each area. * Give a clear job description of the careers you wrote along with the ones stated previously |
| **Enrichment** | * Write a paragraph about Home Economics to highlight what you have learnt. * For the next class find the definition of the following terms:- nutrition, food, diet, balanced diet, nutrients, health, food groups |
| **Submission Instruction** | Assessment should be completed and submitted to [bonnermarymount@gmail.com](mailto:bonnermarymount@gmail.com)  October 16, 2020 |
| **Student’s Comments**  **(OPTIONAL)** | Students indicate: challenges experienced in completing lesson; make recommendations for improvements; request additional materials/ information |
| **Quote of the day** | Without confidence, you are twice defeated in the race of life  Marcus Garvey |